

# Interrupted Fern

Озтипда Claytoniana L.

Fertile leaflets "interrupt" the center of the leaf





Common Polypody Polypodium vulgare L.

Leaves 12" or less

Patch is growing on a rock on the blue trail



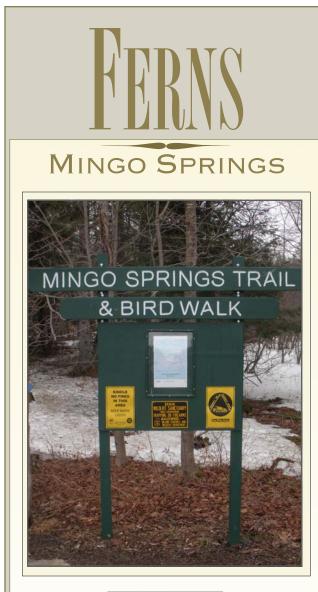
John Bicknell III

Privately funded by the Chodosh family, the Mingo Springs Trail & Birdwalk was created by John Bicknell with the assistance of the grounds crew of the Golf Course. John has worked at the Golf Course for 13 years and has created and maintained many of the gardens that grace the golf course. He has worked on the trail for the past seven years.

This trail, located close to town and available for walkers, as well as snowshoers in the winter, allows for the option of an early morning birding experience, a midday hike in the shade of the woods, or a relaxing after work snowshoe or hike, depending on the season. Adding to the depth of the experience, John has consulted with various foresters and naturalists to label various species of trees and ferns along the trail.

If you see him in your travels on the golf course or trail, please be sure to thank him for his tireless work to maintain and improve this trail.

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This brochure is an extension of a Maine Master Naturalist Capstone project completed in 2014 by Nini Christensen. She loves learning about nature and sharing it with others.



CINNAMON FERN

Озтипда

cinnamomea

Large cinnamoncolored fertile frond

on separate stalks

Woolly 'tufts' at base

which collapse in

early summer

of leaflet

3 ft

## SENSITIVE FERN

Onoclea sensibilis

The pinnae are .simple

Sensitive to temperatures - late to appear & early to fade

Bead-like cases on separate fertile stalk

1-2 feet



www..bergenswamp.org

BRACKEN FERN

Pteridium aquilinum

midatlanti

**OAK FERN** 

but much smaller.

Horizontal growth

6-18 in.

Gymnocarpium dryopteris

### HAY-SCENTED FERN Dennstaedtia punctilobula

Notice how it forms a dense mat.

When crushed, the fronds smell like new mown bay

Lance shaped leaves widest at bottom

16 in tall

nikes.com





#### OSTRICH Fern

Matteuccia struthiopteris

- 1-5ft broadest in middle
- Fronds shaped like an ostrich plume

Separate stiff woody fertile frond



### LADY FERN

Athyrium filixfemina

Pinnae are deeplytoothed (lacy)

Sori curved like eyebrows

Stipe covered with scales (bairy legs)

1-4 ft



#### NARROW **BEECH FERN**

Thelypteris hexagonoptera connectilis

Rachis with 'wings'

Sori on back of green leafy pinnae

Bottom leaves point дошп

6-14 in.





Three main branchlets

Young ferns look like a fist when unfurling

1-5 feet